

## **Social Media Safety Lessons Grades 3-8**

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All lessons are aligned with the NY State Mental Health Standards, SEL, Essential Elements and Common Core Standards.

**Lessons Include:** Defining the World Wide Web, social media term 'I agree', digital footprint, 'private' setting, cell phone radiation, future consequences of online behavior, balancing media and well-being, understanding privacy and security, digital footprint, positive online communication, cyberbullying

By revisiting each class, new lessons build upon previous discussions.

Teachers will be left with follow up lessons, follow-up videos and family engagement ideas.

### **Grade 3**

Digital Citizenship and Digital Footprint

Ripple Effect of their actions and words and photos

Empathy, Upstander, Cyberbullying –Defined and Discussed

### **Grade 4**

What is 'safe' to share online

Digital footprint – effects on self and others

Gaming – stranger danger, addiction and brain activity, importance of life balance

Empathy, Upstander, Cyberbullying

## **Grade 5**

'Just Kidding' posts and regrets

Anonymous Apps: Defined and Dangers

Internet Challenges – Hoaxes

Gaming – stranger danger, addiction and brain activity, importance of life balance

Empathy, Upstander, Cyberbullying

Social Media – Age 13, 'private' setting, 'I agree'

## **Grade 6**

Positive Posts – Post and Boast!

Gaming – stranger danger, addiction and brain activity, importance of life balance

Empathy, Upstander, Cyberbullying

Social Media – Age 13, 'private' setting

Phishing – Defined / Dangers of sharing too much sharing of personal information

Identity Theft – Private information unique to student

## **Grade 7**

Benefits /Drawbacks of Social Media

Digital Drama/Anxiety/ Depression / FOMO

Consequences of Online Threats

Empathy, Upstander, Cyberbullying

Identity Theft – Private information unique to student

## **Grade 8**

Your Future: Employers/colleges – first impressions and online behavior

Digital Addiction and the Brain

Sexting – Lifelong Ramifications

Identity Theft – Private information unique to student